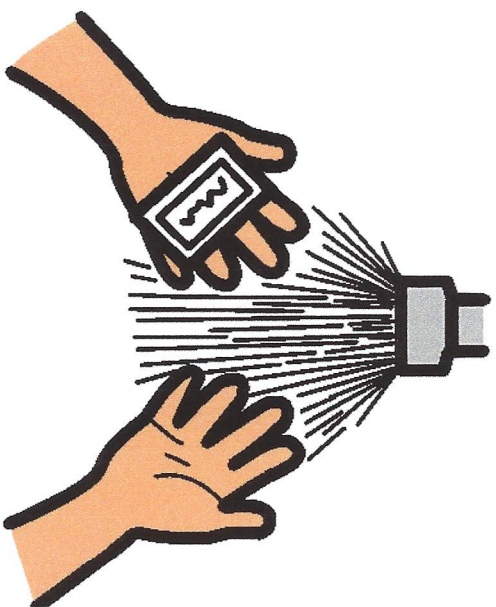
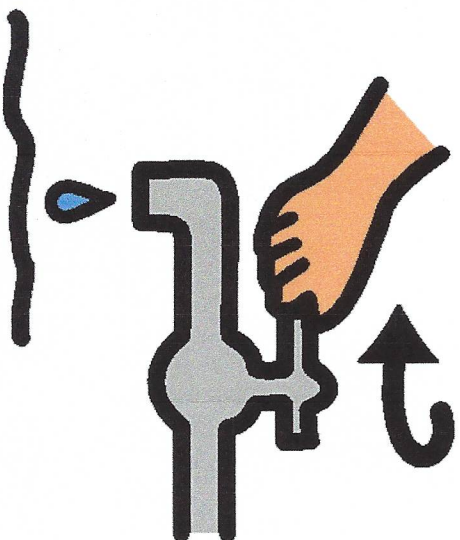


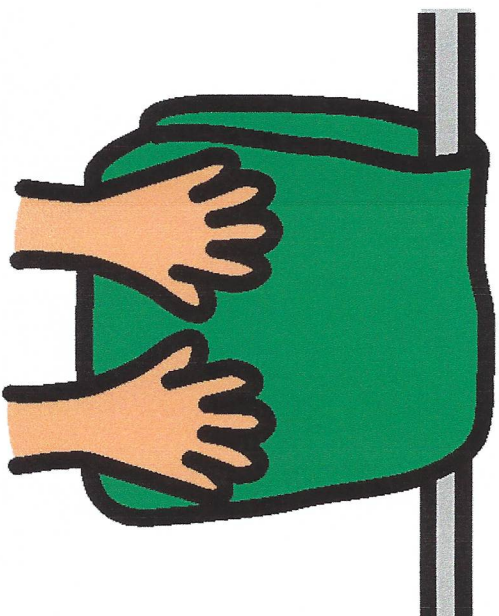
torchi llawes



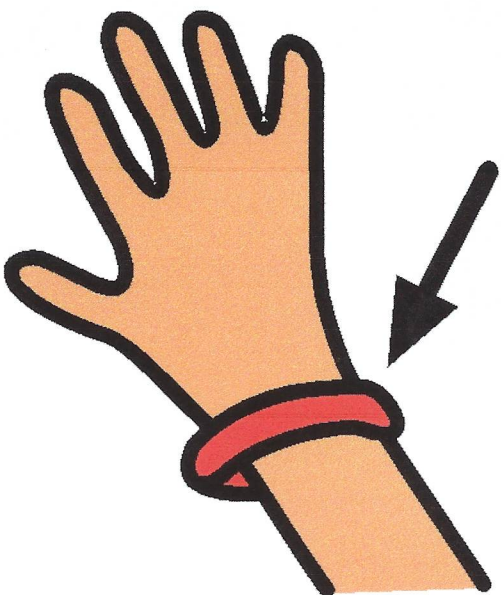
golchi dwylo



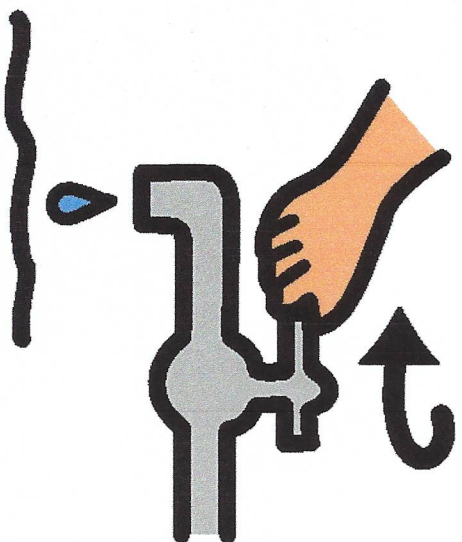
cau tap dwr



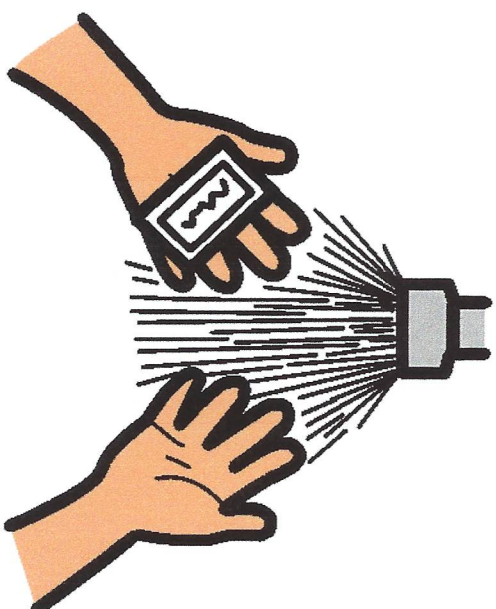
sychu dwylo



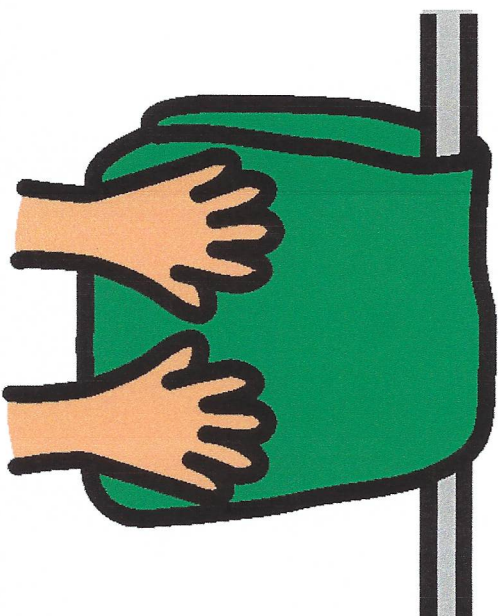
pull up your sleeves



turn tap off



wash hands



dry hands